

August 18, 2009

Attention: Creditors of Canadian Superior Energy Inc.

Dear Sirs:

Re: Meeting of Creditors to Consider the Plan of Arrangement of Canadian Superior Energy Inc.

A meeting of the creditors (the "Creditors' Meeting") of Canadian Superior Energy Inc. ("CSEI") will be held on **Friday September 11, 2009 at 10:00 a.m. MDT** at the offices of Borden Ladner Gervais LLP, 1000, 400 Third Avenue SW, Calgary, Alberta, T2P 4H2 to consider CSEI's *Plan of Arrangement* (the "Plan") pursuant to the CCAA filed with the Court of Queen's Bench of Alberta (the "Court") on August 14, 2009.

Enclosed you will find the necessary instructions and materials with respect to the Creditors' Meeting including the Plan, the Tenth Report of the Monitor (the "Monitor's Report") and the *Instrument of Proxy*.

If the statutorily required majority of creditors vote at the Creditors' Meeting to accept the Plan and the Plan is also approved by the Court and the other transactions contemplated by the Plan occur, the *Proven Claims of Affected Creditors* (as defined in the Plan) will receive the following cash distributions:

- Payment in full of the accepted claim amount; and
- Interest at 5% per annum for the period from March 5, 2009 through to the date of the Plan's implementation.

As set out in the Monitor's Report, the Monitor is of the opinion that the Plan is fair and reasonable and provides the best alternative to creditors in the circumstances.

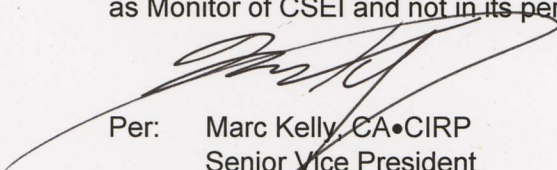
Creditors may cast their vote in respect of the Plan by:

- Attending the Creditors' Meeting; or
- By completing and delivering the enclosed yellow *Instrument of Proxy* to the Monitor by mail or by facsimile, to 403-640-0591, by no later than 5:00 p.m. MDT on September 10, 2009.

Should you have any questions or concerns please contact the undersigned at 403-252-1766.

Yours truly,

Hardie & Kelly Inc., in our capacity
as Monitor of CSEI and not in its personal capacity


Per: Marc Kelly, CA•CIRP
Senior Vice President

Hardie & Kelly Inc.
206, 5800 - 2nd Street SW
Calgary, Alberta T2H 0H2

Tel 403-252-1766
Fax 403-640-0591
www.insolvency.net